

The body of Christ keep us in eternal life. **Amen.**
The blood of Christ keep us in eternal life. **Amen.**

Prayer After Communion

Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out
in the power of your Spirit
to live and work
to your praise and glory.
Amen.

The Blessing

May God the Father of our Lord Jesus Christ,
who is the source of all goodness and growth,
pour his blessing upon all things created,
and upon you his children,
that you may use his gifts to his glory and the welfare of all peoples;
And the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. **Amen.**

The Dismissal

There is a time to sow, and a time to reap.

Cf Ecclesiastes 3.2

Tend the earth, care for God's good creation,
and bring forth the fruits of righteousness.
Go in the peace of Christ.

Thanks be to God.

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Graffoe Parish

Church@Home Spiritual Communion for Plough Sunday



You are very welcome as you join with Graffoe Parish and beyond in worship with us today, in these unprecedented times. We pray that through our worship, although dispersed, we will come together as one, as the body of Christ in the world; in the knowledge that we are known and loved by him who gave his life that we might live.

*If you have need of spiritual support please contact
Reverend Michelle Godbold (Rector) 01522 426723*

A Form of Preparation

Come, Holy Ghost (*Veni creator Spiritus*)

Come, Holy Ghost, our souls inspire,
And lighten with celestial fire;
Thou the anointing Spirit art,
Who dost thy sevenfold gifts impart.

Thy blessed unction from above
Is comfort, life and fire of love;
Enable with perpetual light
The dullness of our blinded sight.

Anoint and cheer our soiled face
With the abundance of thy grace;
Keep far our foes, give peace at home;
Where thou art guide no ill can come.

Teach us to know the Father, Son,
And thee, of Both, to be but One;
That through the ages all along
This may be our endless song:

Praise to thy eternal merit,
Father, Son and Holy Spirit.
Amen.

**Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

We break this bread
to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

**Jesus, Lamb of God,
have mercy on us.
Jesus, bearer of our sins,
have mercy on us.
Jesus, redeemer of the world,
grant us peace.
Amen.**

God's holy gifts
for God's holy people.
**Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.**

The president receives communion on behalf of the people who receive the sacrament in its fullness spiritually.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.

Look with favour on your people,
gather us in your loving arms
and bring us with all the saints
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

Amen.

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done;

on earth as it is in heaven.

The Gathering

Sow for yourselves righteousness;

reap steadfast love;

break up your fallow ground;

for it is time to seek the Lord,

that he may come and rain righteousness upon you.

Hosea 10.12

In the name of the Father,

and of the Son,

and of the Holy Spirit.

Amen.

The Greeting

The Lord be with you

and also with you.

Prayers of Penitence

The grace of God has dawned upon the world

through our Saviour Jesus Christ,

who sacrificed himself for us to purify a people as his own.

Let us confess our sins.

Almighty God, our heavenly Father,

we have sinned against you

and against our neighbour

in thought and word and deed,

through negligence, through weakness,

through our own deliberate fault.

We are truly sorry

and repent of all our sins.

For the sake of your Son Jesus Christ,

who died for us,

forgive us all that is past

and grant that we may serve you in newness of life

to the glory of your name. Amen

Almighty God,
who forgives all who truly repent,
have mercy upon *you*,
pardon and deliver *you* from all *your* sins,
confirm and strengthen *you* in all goodness,
and keep *you* in life eternal;

Gloria in Excelsis

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
In the glory of God the Father.
Amen.**

The Collect

Readings

This is the word of the Lord.
Thanks be to God.

Poverty was turned to riches, sorrow into joy.
Therefore with all the angels of heaven
we lift our voices to proclaim the glory of your name
and sing our joyful hymn of praise:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
[Blessed is he who comes in the name of the Lord.
Hosanna in the highest.]**

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

The Peace

Our Saviour Christ is the Prince of Peace.

Of the increase of his government and of peace
there shall be no end.

The peace of the Lord be with you all.

All may exchange a sign of peace.

Preparation of the Table

Lord, accept your people's gifts,
not gold, frankincense or myrrh,
but hearts and voices raised in praise
of Jesus Christ, our light and our salvation.

Amen.

The Eucharistic Prayer (E)

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

All honour and praise be yours always and everywhere,
mighty creator, ever-living God,
through Jesus Christ your only Son our Lord:
for at this time we celebrate your glory
made present in our midst.

In the coming of the magi

the King of all the world was revealed to the nations.

In the waters of baptism

Jesus was revealed as the Christ,

the Saviour sent to redeem us.

In the water made wine

the new creation was revealed at the wedding feast.

Gospel Reading

Alleluia, alleluia.

Christ was revealed in flesh, proclaimed among the nations
and believed in throughout the world.

Alleluia.

Hear the Gospel of our Lord Jesus Christ according to Matthew

Glory to you, O Lord.

At the end

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

The Blessing of the Plough

Blessed are you, Lord God of all creation:

for in your abundant care you have given us fertile land,
rich soil, the seasons in their courses.

You provide seed for sowing, water, light and warmth
to bring forth the miracle of growth.

You give us skill to work the land,

to prepare and nourish it, that it may be fruitful.

By your blessing,

let this plough be a sign of all that you promise to us.

Prosper the work of our hands,

and provide abundant crops for your people to share.

Blessed be God, Father, Son and Holy Spirit.

Blessed be God for ever.

God speed the plough.

God speed the plough



The Blessing of Seed

Blessed are you, Lord God of all creation:
in your goodness you have given us this seed to sow.
In it we perceive the promise of life,
the wonders of your creative love.
By your blessing,
let this seed be for us a sign of your creative power,
that in sowing and watering,
tending and watching,
we may see the miracle of growth,
and in due course reap a rich harvest.
As this seed must die to give life,
reveal to us the saving power of your Son,
who died that we might live,
and plant in us the good seed of your word.
Blessed be God, Father, Son and Holy Spirit.
Blessed be God for ever.



By itself the earth produces:
first the stalk, then the ear, then the full grain shall appear.

The Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven**

and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,**

**who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come.**

Amen.

Prayers of Intercession

These responses may be used

Lord, in your mercy
hear our prayer.

(or)

Lord, hear us.

Lord, graciously hear us.

And at the end

Merciful Father,

accept these prayers

for the sake of your Son,

our Saviour Jesus Christ. Amen.