

Prayer After Communion

Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out
in the power of your Spirit
to live and work
to your praise and glory.
Amen.

The Blessing

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;

And the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. **Amen.**

The Dismissal

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Craffoe Parish

Church@Home
Spiritual Communion for Lent



You are very welcome as you join with Graffoe Parish and beyond in worship with us today, in these unprecedented times. We pray that through our worship, although dispersed, we will come together as one, as the body of Christ in the world; in the knowledge that we are known and loved by him who gave his life that we might live.

*If you have need of spiritual support please contact
Reverend Michelle Godbold (Rector) 01522 426723*

A Form of Preparation

As we gather at the Lord's table we must recall the promises and warnings given to us in the Scriptures and so examine ourselves and repent of our sins. We should give thanks to God for his redemption of the world through his Son Jesus Christ and, as we remember Christ's death for us and receive the pledge of his love, resolve to serve him in holiness and righteousness all the days of our life.

The Commandments

I am the Lord your God: you shall have no other gods but me.

Amen. Lord, have mercy.

You shall not make for yourself any idol.

Amen. Lord, have mercy.

You shall not dishonour the name of the Lord your God.

Amen. Lord, have mercy.

Remember the Sabbath and keep it holy.

Amen. Lord, have mercy.

Honour your father and your mother.

Amen. Lord, have mercy.

You shall not commit murder.

Amen. Lord, have mercy.

You shall not commit adultery.

Amen. Lord, have mercy.

You shall not steal.

Amen. Lord, have mercy.

You shall not bear false witness against your neighbour.

Amen. Lord, have mercy.

You shall not covet anything which belongs to your neighbour.

Amen. Lord, have mercy upon us

and write all these your laws in our hearts.

Breaking of the Bread

We break this bread
to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

Jesus, Lamb of God,

have mercy on us.

Jesus, bearer of our sins,

have mercy on us.

Jesus, redeemer of the world,

grant us peace.

Amen.

Jesus is the Lamb of God

who takes away the sin of the world.

Blessed are those who are called to his supper.

Lord, I am not worthy to receive you,

but only say the word, and I shall be healed.

*The president receives communion on behalf of the people who receive
the sacrament in its fullness spiritually.*

The body of Christ keep us in eternal life.

Amen.

The blood of Christ keep us in eternal life.

Amen.

Look with favour on your people,
gather us in your loving arms
and bring us with all the saints
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

Amen.

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

The Gathering

In the name of the Father,
and of the Son,
and of the Holy Spirit.

Amen.

The Greeting

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you all.

and also with you.

We come from scattered lives to meet with God.
Let us recognise God's presence with us now.

Silence

As God's people we have gathered;
Let us worship God now together,
across the miles yet joined.

Let us pray.

**Come, Holy Spirit,
fill the hearts of your faithful people,
and kindle in us the fire of your love;
through Jesus Christ our Lord,
Amen.**

Prayers of Penitence

Our Lord Jesus Christ said:

The first commandment is this:

‘Hear, O Israel, the Lord our God is the only Lord.

You shall love the Lord your God with all your heart,
with all your soul, with all your mind,
and with all your strength.’

The second is this: ‘Love your neighbour as yourself.’

There is no other commandment greater than these.

On these two commandments hang all the law and the prophets.

Amen. Lord, have mercy.

The sacrifice of God is a broken spirit;

a broken and contrite heart God will not despise.

Let us come to the Lord, who is full of compassion,
and acknowledge our transgressions in penitence and faith.

cf Psalm 51.17

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.**

We are truly sorry

and repent of all our sins.

For the sake of your Son Jesus Christ,

who died for us,

forgive us all that is past

**and grant that we may serve you in newness of life
to the glory of your name.**

Amen.

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
and, taking bread, he praised you.

He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.

Again he praised you, gave it to them and said:

Drink this, all of you;

this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

[Praise to you, Lord Jesus:]

All Dying you destroyed our death,

rising you restored our life:

Lord Jesus, come in glory.

Lord of all life,

help us to work together for that day

when your kingdom comes

and justice and mercy will be seen in all the earth.

The Eucharistic Prayer (E)

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.
For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.
As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and *saying*:

Holy, holy, holy Lord,

God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest.

[Blessed is he who comes in the name of the Lord.

Hosanna in the highest.]

Almighty God,
who forgives all who truly repent,
have mercy upon *you*,
pardon and deliver *you* from all *your* sins,
confirm and strengthen *you* in all goodness,
and keep *you* in life eternal;
through Jesus Christ our Lord.

Amen.

The Collect

Readings

This is the word of the Lord.

Thanks be to God.

Gospel Reading

Praise to you, O Christ, King of eternal glory.
The Lord is a great God, O that today you would listen to his voice.
Harden not your hearts.

cf Psalm 95.3,8

Praise to you, O Christ, King of eternal glory.

Hear the Gospel of our Lord Jesus Christ according to *N*.

Glory to you, O Lord.

At the end

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

The Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.

Prayers of Intercession

This responses may be used

Lord, in your mercy
hear our prayer.

And at the end

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

The Peace

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

Romans 5.1,2

The peace of the Lord be always with you.

All may exchange a sign of peace.

Preparation of the Table

Blessed are you, Lord God of all creation:
through your goodness we have this bread to set before you,
which earth has given and human hands have made.
It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord God of all creation:
through your goodness we have this wine to set before you,
fruit of the vine and work of human hands.
It will become for us the cup of salvation.

Blessed be God for ever.